

PE Curriculum Vision

Intent

At SMSP, we recognise how important sport and healthy living is in our everyday lives and the lives of our children. We believe that every child should have the opportunity to engage in a range of exciting and engaging physical activities. We also understand that through good quality physical education we can nurture confident, resilient children who will strive to be their personal best. We aim to nurture an attitude of respect and joy for the success of others as well as a pride in their own successes. We believe that all children have the right to be active and healthy.

Implementation

To effectively achieve our intent, we have adopted the Get Set 4 PE Programme. This curriculum has been crafted to allow all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond. We ensure that every child has 2 sessions of quality led PE each week, one with their class teacher and the other with a school employed PE specialist. This allows us to deliver a greater range of topics so that child can get the widest range of experiences.

Outside of the classroom, we offer a wide range of afterschool clubs and teams open to all. This allows for children to try and develop a love for, a variety of different active pursuits. These are changed every half term to help keep them fresh and exciting.

We also promote inter-school competitions to help develop confidence, teamwork and respect for ourselves and others.

At SMSP, we have implemented the principles of Catholic Social Teaching into all subjects, including PE. We encourage all children to participate and work together as a team and for the common good. We teach children how to make sure that everyone has voice within their teams and how to promote peace and respect for human dignity even in a competitive setting.

Impact

Over the course of the PE curriculum, children will learn the skills that they need to play a variety of sports. They will understand how to work as team, overcome obstacles and be respectful to others. Children will know why it is important to remain active and how it is good for our physical and mental health and wellbeing.

Children will learn skills from across the curriculum and beyond, including dance, gymnastics, fitness, games and athletics and will be confident to apply and develop these skills in their daily lives.