

# Food News

Edwards & Blake are delighted to be providing the catering services at your school!

We are excited to present to you our new menu which has been designed to deliver a real taste adventure to the school, offering a range and style of food to reflect your individual school needs and preferences.

Our aim is to provide pupils with an exceptional catering experience and to exceed your expectations whilst maintaining our high standards. Our kitchens have a hard working and skilled set of staff to ensure that all of the products for sale are made fresh each day using seasonal ingredients and sourced as locally as possible.

All pupils in reception, year 1 and year 2 are entitled to a free school meal everyday. This means they can have either a main meal or vegetarian meal followed by dessert.

We welcome any comments or suggestions so please contact us with your ideas via our website:  
[www.edwardsandblake.co.uk](http://www.edwardsandblake.co.uk)

## our Pick 'n' Mix

### Monday

Tuna Mayonnaise  
or Cheese Baguette

Carrots or  
Cucumber Sticks

Grapes  
or Apple Slices

Yoghurt

Juice Cuplet

### Tuesday

Ham  
or Cheese Baguette

Cherry Tomatoes  
or Pepper Sticks

Raisins  
or Satsuma

Oat Cocoa Biscuit

Juice Cuplet

### Wednesday

Tuna Mayonnaise  
or Cheese Baguette

Carrots  
or Cucumber Sticks

Melon Slices  
or Apple Slices

Shortbread Biscuit

Juice Cuplet

### Thursday

Cheese  
or Chicken Mayonnaise  
Baguette

Cheery Tomatoes  
or Pepper Sticks

Grapes  
or Satsuma

Rice Crispy Biscuit

Juice Cuplet

### Friday

Ham  
or Cheese Baguette

Carrots  
or Cucumber Sticks

Melon Slices  
or Apple Slices

Yoghurt

Juice Cuplet



At the heart of every meal



# our Tummy Fillers

Week Commencing: 4th June, 25th June, 16th July, 3rd September, 24th September and 15th October 2018

## Week 1

### Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
E&B Butchers Beef Burger in a Bun with Homemade Jacket Wedges and Tomato Sauce served with Peas and Coleslaw	Traditional Spaghetti Bolognese served with Green Beans, Carrots and Homemade Wholemeal Garlic Bread	Roast Pork served with Roast Potatoes, Cabbage, Seasonal Vegetables and Gravy	Homemade Chicken and Sweetcorn Pie served with Mashed Potatoes, Broccoli and Sweetcorn	Breaded Fish Fingers served with Chips, Tomato Sauce, Peas and Baked Beans

### Alternative Main

Quorn Burger in a Bun with Homemade Jacket Wedges and Tomato Sauce served with Peas and Coleslaw	Jacket Potato served with Beans, Tuna or Cheese	Roasted Quorn Fillet served with Stuffing, Roast Potatoes, Cabbage, Seasonal Vegetables and Gravy	Jacket Potato served with Beans, Tuna or Cheese	Homemade Cheese and Tomato Pizza served with Chips, Tomato Sauce, Peas and Baked Beans
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### Pasta Option

Cheesy Pasta	Tomato Pasta with Cheese	Cheesy Pasta	Tomato Pasta with Cheese	Cheesy Pasta
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### Dessert

Jam Shortbread with Custard	Fruit Sponge served with Toffee Sauce	Treacle Syrup Sponge served with Ice Cream	Ice Cream served with Bananas	Chocolate Muffin
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Week Commencing: 11th June, 2nd July, 23rd July, 10th September and 1st October 2018

## Week 2

### Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Wholemeal Homemade Cheese and Tomato Pizza served with Half a Jacket Potato, Carrots and Sweetcorn	Butchers Sausages served with Mashed Potatoes, Cauliflower, Green Beans and Gravy	Roast Chicken served with Stuffing, Crispy Roast Potatoes, Peas, Carrots and Gravy	Homemade Chicken Goujons served with Jacket Wedges, Tomato Sauce, Peas and Sweetcorn	Breaded Fish Fingers served with Chips, Tomato Sauce, Peas and Baked Beans

### Alternative Main

Jacket Potato served with Beans, Tuna or Cheese	Quorn Sausages served with Mashed Potatoes, Cauliflower, Green Beans and Gravy	Roasted Quorn Fillet served with Stuffing, Crispy Roast Potatoes, Peas, Carrots and Gravy	Jacket Potato served with Beans, Tuna or Cheese	Bean and Vegetable Grill served with Chips, Peas, Baked Beans and Tomato Sauce
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### Pasta Option

Tomato Pasta with Cheese	Cheesy Pasta	Tomato Pasta with Cheese	Cheesy Pasta	Tomato Pasta with Cheese
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### Dessert

Chocolate Oaty Bite served with Apple Wedges	Chocolate Pinwheel Shortbread and Chocolate Sauce	Fruit Jelly and Mandarins	Toffee Cream Tart	Cornflake Tart served with Custard
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Week Commencing: 18th June, 9th July, 17th September and 8th October 2018

## Week 3

### Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Wholemeal Cheese and Tomato Pizza served with Half a Jacket Potato, Baked Beans and Sweetcorn	Italian Beef Meatballs in a Tomato Sauce served with Wholegrain Rice, Broccoli and Carrots	Roast Chicken served with a Yorkshire Pudding, Roast Potatoes, Cauliflower, Green Beans and Gravy	Traditional Beef Lasagne served with Seasonal Vegetables, Peas and Homemade Wholemeal Garlic Bread	Breaded Fish Fingers served with Chips, Peas, Baked Beans and Tomato Sauce

### Alternative Main

Salmon Sub Melt served with Half a Jacket Potato, Baked Beans and Sweetcorn	Jacket Potato served with Beans, Tuna or Cheese	Roasted Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes, Cauliflower, Green Beans and Gravy	Roasted Vegetable Lasagne served with Seasonal Vegetables, Peas and Homemade Wholemeal Garlic Bread	Jacket Potato served with Beans, Tuna or Cheese
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### Pasta Option

Tomato Pasta with Cheese	Cheesy Pasta	Tomato Pasta with Cheese	Cheesy Pasta	Tomato Pasta with Cheese
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### Dessert

Sticky Toffee Pudding with Custard	Goopy Chocolate Fudge Cake	Flapjack Finger served with Apple Slices	Fruit Jelly served with Peaches	Apple Pie served with Cream
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## our Salad Feast

Available Every Day

Freshly Prepared Salad Bar, Wholemeal Bread, Fresh Fruit and Yoghurt.